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Hillcrest Homeowners Assn. Board of Directors

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Hillcrest Shuffle Board Club - 2020-2021 Officers and Captains

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"B" Co-Captain	. Robert Strang	727-669-2037
"Court Managers:	. Roy Morgan	240-538-4489
c	Fred Reynolds	
	Robert Štrang	727-669-2037

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Sunshine Lady Susan Willson 813-545-02	281



- Digital TV Upgrade
- Surge Protection
- Ceiling Fan Wiring
- Panel Upgrade & Repair





MONTHLY

F inancial Literacy Month. It's a chance to reflect on the state of your personal finances and an opportunity to improve them one step at a time. Step one: Commit to change. Are you ready to accept responsibility for changing your financial situation? Do you believe that you can and will change the way you make financial decisions? Can you identify at least one benefit you hope to gain by changing your money management behavior?

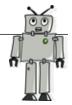
Jazz Appreciation Month. A music festival held every April in recognition of the significant contribution that jazz music has made to society. The aim of this annual event is to pay tribute to jazz for its historic and cultural significance by encouraging schools, governments, and organizations to participate in free jazz concerts and educational programs.



National Garden Month. Nothing says springtime more than the sprouts and shoots of a garden. Remember that gardens are not just for the enjoyment of people. They are important habitats for pollinators like bees, bats, birds, beetles, butterflies, and other animals.

WEEKLY

April 3–11. "RoboWeek" is a series of grassroots events and activities aimed at increasing public awareness of the strength and importance of the U.S. robotics industry and the tremendous social and cultural impact that robotics will have on the future.



National Dental Hygienists Week, April 4–10. Focusing on the importance of maintaining good oral health practices and helping people understand the role and importance of the dental hygiene profession, this year's theme, "Oral Health for Total Health" reminds all of us that taking care of our mouth, teeth, and gums has a positive impact on other aspects of our lives.

National Park Week, April 17–25. National Park Week is a special time to celebrate national parks and programs across the country, and to encourage everyone to discover the nation's diverse natural and cultural heritage.

Medical Laboratory Professionals Week, April 19–24. Now in its 44th year, Medical Laboratory Professionals Week provides the profession with a unique opportunity to increase public understanding of and appreciation for clinical laboratory personnel.



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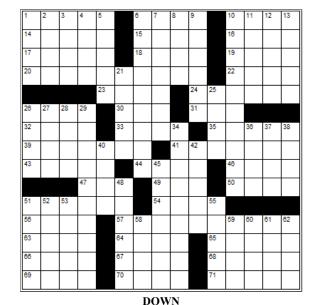


HILLCREST HIGHLIGHTS APRIL, 2021 E



ACROSS

- 1. Splotches
- 6. Tussock
- 10. Vipers
- 14. 67 in Roman numerals
- 15. Dwarf buffalo
- 16. A D-Day beach
- 17. Stave off
- 18. Blend
- 19. Roman robe
- 20. A language of India
- 22. Egg-shaped
- 23. Verse
- 24. Agitate
- 26. At the peak of
- 30. Beer
- 31. To and
- 32. A temple (archaic)
- 33. Start over
- 35. Assists
- 39. She plays roles
- 41. Enrapture
- 43. Spacious
- 44. Not barefoot
- 46. 53 in Roman numerals
- 47. Bother
- 49. French for "Friend"
- 50. Being
- 51. A dwarfed ornamental
- tree
- 54. Blend
- 56. God of love
- 57. A society of women
- 63. Medium-sized tubular
- pasta
- 64. Bit of dust
- 65. A tea-like beverage
- 66. River of Spain
- 67. Pitcher
- 68. Cambered
- 69. Mortgage
- 70. Sailors
- 71. Low heavy horse carts







- 13. Second person

- 4. Fowl
- 5. A stomach exercise
- 6. Trashy

1. Ho-hum

numerals

2.66 in Roman

- 7. Wild
- 8. Thrust with a knife
- 9. A government tax
- 10. Car
- 11. Kitchen appliance
 - 12. Heathen

April Crossword

- singular of shall 21. Rise rapidly 25. By mouth 26. Distant 27. Meal in a shell
- 28. Savvy about
- 29. Approval
- 34. Mileage meters
- 36. Auspices
- 37. Not that
- 38. Anagram of "Ties" 40. Tropical American
- magistrate 45. A type of rodent 48. Fate 51. Edge on a cutting tool 52. Small African antelope 53. French for "Our" 55. Wood nymph 58. Hawkeye State 59. German for

42. Ancient Roman

- "Mister"
- 60. Killer whale
- 61. Comply with
- 62. Fathers



wildcat

3. Baking appliance





A Special Invitation To Hear What You've Been Missing

- Do You Frequently ask people to repeat themselves?
- Do You Turn up the television in order to understand what is being said?
- Do You Have difficulty understanding in noisy environments?

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Attorney Paul Herzfeld 1715 East Bay Drive, Suite C Largo, FL 33771 email: <u>paul@herzfeld.net</u> visit: noflprobate.com

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Enough is enough

nvestor John Bogle, founder of Vanguard, once told a profound story about the value of money:

* "At a party given by a billionaire on Shelter Island, Kurt Vonnegut informs his pal, Joseph Heller, that their host, a hedge fund manager, had made more money in a single day than Heller had earned from his wildly popular novel Catch-22 over its whole history. Heller responds, 'Yes, but I have something he will never have—enough.'"



hen the library of Alexandria burned centuries ago, only one insignificant book was saved. A poor man who could read a little bought it for a few coppers. The book wasn't very interesting, but between its pages he found something very interesting indeed—a thin strip of parchment on which was written the secret of the touchstone.

The touchstone, according to the document, was a small pebble that could turn any common metal into pure gold. The writing explained that it was lying among thousands and thousands of other pebbles on a beach. The real stone would feel warm to the touch, while



ordinary pebbles are cold.

The man sold his few belongings, went to the seashore described on the parchment, and began testing pebbles. Figuring that if he picked up ordinary pebbles and threw them down again because they were cold, he might pick up the same pebble hundreds of times. So, when he felt one that was cold, he threw

it into the sea.

He spent days at his search, picking up a pebble—cold—then throwing it into the sea. Picking up another and throwing it into the sea.

One day, after weeks and months, the man picked up a pebble and threw it into the sea. Then he realized that the pebble had been warm—the touchstone! But he had formed such a strong habit of throwing each pebble into the sea that when the one he wanted came along he still threw it away.

Don't let your habits trick you into throwing away your opportunities.

Storytelling is among the oldest forms of communication. Storytelling is the commonality of all human beings, in all places, in all times. —Rives Collins









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Leaving Florida for the summer?

Don't miss the summer issues of your community newsletter. Sign up with Monthly Media (your community newsletter publisher) to <u>have your summer issues mailed</u> to you.

It's Easy as...

- 1. Decide how many months you'll be away from your community
- 2. Call our office and sign up for the service for \$5 per month flat fee* *foreign mailing fees may apply: i.e. Canada is \$6/month*
- 3. Get your community newsletter mailed to your northern address every month!



Monthly Media 220 Bahama Street Venice, FL 34285 (727) 484-7488



Dedicated Senior Medical Center A CHENMED COMPANY Have the Right Doctor? Ask Yourself These 10 Questions.

At Dedicated Senior Medical Center, we're committed to keeping seniors healthy, happy and at home. We understand these are scary times, but we're here to help. Dedicated doctors specialize in caring for seniors and that's why we make it easy for you to see a doctor.

Ask yourself:

- 1. Is your doctor's office still open?
- 2. Have you heard from your doctor in the past two weeks?
- 3. Is your doctor personally calling and texting to check on you?
- 4. Has your doctor called you to explain your risk of coronavirus?
- 5. Is your doctor's office offering doctor phone visits?
- 6. Does your doctor allow walk-in visits?

- www.Dedicated.care
- 7. Are you able to call your doctor anytime, day or night?
- 8. Do you have any difficulty getting to and from your doctor?
- 9. Is your doctor helping to make sure you receive all of your prescription refills?
- 10. Is your doctor offering to help you get your medications delivered?

If you answered no to four or more of these questions, call us at (727) 260-2651.





April



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The current American Flag was designed by a high school student: Bob Heft in 1958.

There were active volcanoes on the moon when dinosaurs were alive.

The offical name of the # symbol is octothorpe.

Monthly Media 727-484-7488 220 Bahama St Venice, FL 34285



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When searching for home services, health care providers, insurance, and almost anything else...CHECK YOUR NEWSLETTER FIRST!

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Mitchall Siding	707 506 2645
Mitchell Siding	121-000-0010
WINDOW REPLACEMENT	707 474 0000

INSURANCE/AUTO



APRIL •2021

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Hillcrest

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		April Fool's Day	Good Friday	
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Our top priority is the health and safety of our employees and our customers. Our employees are closely following the Centers for Disease Control (CDC) guidelines and recommendations, like frequent hand washing, social distancing, and staying home if they are feeling ill.

We have taken steps to limit exposure to the virus by making our customers aware that there is no need to have any contact with our employees if you choose to do so. Our business falls under the state's guidelines as "Essential Business".

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Stay Safe and Continued Good Health. *Underhome Armor Family*











HILLCREST HIGHLIGHTS APRIL, 2021 E

Last will

R obert went to a lawyer and said, "I'd like to make a will, but I don't know exactly how to go about it."

The lawyer smiled at Robert and replied, "Not a problem, just leave everything to me."

Robert looked upset. "I knew you were going to take a big portion, but I would like to leave a little to my family, too!"

Happy landing

n airline had a policy that required the pilot to stand at the door while the passengers exited, smile, and say, "Thanks for flying with our airline!" The landing on one particular flight was particularly rough, and the pilot had difficulty looking the passengers in the eye, expecting that one or two would have a smart comment for him. However, it seemed that all the passengers were too shaken to say anything.

Finally, everyone had gotten off except for one little old lady walking with a cane. At the door she said, "Sonny, mind if I ask you a question?"

"Why, no, ma'am," said the pilot. "What is it?" The woman said, "Did we land or were we shot down?"

How to succeed without really trying

prayer for success at work:

Help me always to give 100% at work. 12% on Monday, 23% on Tuesday, 40% on Wednesday, 20% on Thursday, and 5% on Friday.

The reason I talk to myself is because I'm the only one whose answers I accept. —George Carlin









WARNING FATIGUE AND RESTRICTED BLOOD FLOW

PROCEED WITH CAUTION

Chest pressure, a squeezing sensation or chest pain. These feelings may be angina, a symptom of heart disease.

Angina is your heart's warning system. It happens when part of the heart doesn't get enough blood and oxygen. It's also a symptom of coronary artery disease, a type of heart disease. It may feel like a pinching sensation in the chest, and could be accompanied by sluggishness and chest tightness. If you experience any of these symptoms, the experts at BayCare's Morton Plant Hospital can get to the cause and treat it with a procedure that's right for you. We use state-of-the-art technology to treat rhythm disorders and offer minimally invasive procedures for structural heart and valve conditions. Morton Plant Hospital provides care for heart failure through our Heart Function Clinic and BayCare's ventricular assist device program, has an accomplished open-heart surgery program and you can recover from heart issues with our cardiac rehab services. Our team is here when you need us. And we have enhanced safety measures to help keep you protected. Don't ignore your heart's warning system. Get a cardiology referral: **MortonPlantHeart.org**



Morton Plant Hospital

HILLCREST HIGHLIGHTS APRIL, 2021 E

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cloud	-		root	travel
curve	glory	pardon		
	guilt	prepare professional		uproar







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We are taking as many precautions as we can to ensure not only our workers safety but yours as well. We are checking employee temperatures daily, limiting contact between crews, and offering no customer contact if you choose. We are an "Essential Business" and here for you when you need us.



HILLCREST HIGHLIGHTS APRIL, 2021 E



ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

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*NOTICE: Acceptability of all proposed applicants subject to underwriting approva premium rates are subject to change. Rates will vary based on age of operator, drivin
record, credit history, garaging address and type of vehicle.
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HEALTH WATCH

Tow to talk to a sick friend

Whether your friend is suffering from the coronavirus, cancer, or just a bad cold, you want to be there for him or her. But what should you say to offer real comfort? The Healthline website offers this advice for sharing just the right words:

- Talk to the person, not the disease. Your friend or loved one is already dealing with sickness day in and day out. They may need a break. It's OK to ask how they're feeling and what they're doing to take care of themselves, but don't dwell on the illness exclusively. Talk about other subjects.
- Be sensitive. Don't pry or press for details. If you're a caretaker, pay attention to the person's moods and preferences. You may have to press for information that the person is reluctant to share for fear of taking up your time, or other reasons, but be respectful of their boundaries.



• **Be patient.** Your friend may not have time to talk right away, or may need a few minutes—or hours—to sort through his or her feelings before answering a question or responding to a text. Don't expect an instant response. Give them space to process their emotions on their own terms.

This space object is really far out

The most distant object in our solar system is far out—literally. The Science Daily website reports that an object about 450 miles across has been dubbed Farfarout by the International Astronomical Union.



Astronomers first noticed Farfarout in 2018, but couldn't determine its distance from the sun. Observations over several years showed that it currently is 132 astronomical units (AU) from the sun. (The Earth is one AU from the sun.) For comparison, Pluto's orbit is only 29 AU from the sun on average. Farfarout's thousand-year orbit around the sun takes it as far as 175 AU away at its most distant, and 27 AU when it's closest, drifting inside the orbit or Neptune.

Farfarout replaces the previous long-distance record holder, aptly named Farout, which is 124 AU from the sun.

It's up to you today to start making healthy choices. Not choices that are just healthy for your body, but healthy for your mind. —Steve Maraboli

Happy April Fools' Day!



The April Fools' Day tradition has been around since at least the 15th century (with a possible reference to it appearing in Geoffrey Chaucer's The Canterbury Tales), and the question of how it began has been asked almost as long: A letter to the British magazine Apollo in 1807 wondered, "Whence proceeds the custom of making April Fools?"

The usual explanation involves the calendar. The Julian calendar began the New Year on March 25, and festivals celebrat-

ing it were typically held on April 1. When the world began changing over to the Gregorian calendar, which places New Year's Day on Jan. 1, pranksters sometimes tried to fool their friends and neighbors into thinking that April 1 was still the first day of the year.

In the 18th century, some believed that April Fools' Day dated back to the days of Noah and the flood. A newspaper article published in 1789 suggested that Noah sent the first birds off to look for land too soon, and that he launched them on the first day of the Hebrew month corresponding with April.

Coincidentally, in 1933 a newspaper in Cologne ran a story about the discovery of Noah's Ark by an expedition sponsored by the "Royal Yalevard University" in Massachusetts, led by "Professor Mud" and "Professor Stoneass." The story appeared on April 1; on April 8, the paper admitted the joke, but other publications printed the story as if it was genuine.

From hare to eternity: origins of the Easter Bunny

ext to Santa Claus, the Easter Bunny is probably the most beloved bringer of gifts to small children. This famous symbol of spring was originally associated with Eostre, a German goddess of fertility who was often depicted with a rabbit companion. Both rabbits and eggs, not surprisingly, are considered symbolic of fertility.

The bunny as a symbol of Easter was first mentioned in German writings during the 16th century, and edible bunnies made of pastry and sugar were made in Germany during the 19th century. The Easter Bunny was introduced 4 to American children by German settlers in the Pennsylvania Dutch region in the 1700s.

Children were encouraged to build colorful nests and hide them in their homes. If the children had been good, the Osterhase would leave brightly colored eggs in the nests.

April gets you out of your head and out working in the garden.

—Marty Rubin



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DAILY

pril Fool's Day, April 1. Play a (playful) prank on your friends and a family today.





Easter, April 4. Christian celebration of the resurrection of Jesus Christ.

National Pet Day, April 11. Celebrate the joy pets bring to our lives and remember the plight of animals in shelters waiting for a forever home.

Jackie Robinson Day, April 15. On this day Jackie Robinson became the first Black man to play major league baseball in the modern era.

Take Our Daughters and Sons to Work Day, April 22. A virtual event. Exposing girls and boys to what a parent or mentor in their lives does during the workday is important to their future success.

THE CHALLENGES OF WORKING FROM HOME

The pandemic pushed many people out of the office to start working from home. It's been a tricky transition for some, but relatively smooth for most of us. The Pew Research Center looked at some of the challenges of working from home and how well employees have coped:

- **Technology.** Having the technology and equipment necessary to do their jobs was very or somewhat difficult to 13% of workers, but very/somewhat easy for 67%.
- **Deadlines.** Getting work completed on time was very/somewhat difficult for 19%, but very/somewhat easy for 80%.
- Workspace. Having enough room to work was at least somewhat of a challenge for 23% of workers, but relatively easy for 77%.
- Interruptions. Coping with interruptions was tricky for 32%, but not much of a problem for 68%.
- **Motivation**. Did you feel sufficiently motivated to get your work done? For 36%, that was something of a problem, but 64% had little or no difficulty.



I could never have gone far in any science because on the path of every science the lion Mathematics lies in wait for you. —C. S. Lewis



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	Michelle Bourdeau \$10	Ron Wyngarden		Bill the Carpet Guy
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